

Kyle Smith	M31	Blue Devils AC	16:34.12	78.56%
Gilbert Kiptoo	M32	Toronto Olym	16:39.59	78.13%
Troy Cox	M48	Muskoka Algo	17:12.94	82.58%
Chris Watson	M42	Muskoka Algo	17:14.48	79.56%
Ross Bain	M36	Black Lungs Toronto	17:35.18	75.44%
Derek Hackshaw	M47	Newmarket HU	17:48.12	79.86%
Alistair Munro	M50	MB Performance	18:01.34	81.84%
Chris Deighan	M56	Newmarket HU	18:04.28	84.85%
Kyle Landry	M31	Black Lungs Toronto	18:09.25	71.70%
Simon Rayner	M52	UTTC	18:14.66	80.85%
Geoff Peat	M53	Newmarket HU	18:15.62	80.78%
Michael Doyle	M36	Black Lungs Toronto	18:18.37	72.47%
Scott Morrison	M33	Unattached	18:24.12	70.74%
Mark Sinnige	M46	Muskoka Algo	18:29.50	76.88%
Bernardo Majano	M34	Longboat Roa	18:31.06	70.29%
Vince Friel	M53	Newmarket HU	18:42.78	78.82%
Ben Nelson	M35	Ontario Mast	18:51.47	70.35%
Gerardo Reyes	M41	Longboat Roa	18:55.28	72.49%
Mirco Graenert	M47	Newmarket HU	19:03.22	74.61%
Mathieu Marilly	M32	Longboat Roa	19:04.59	68.23%
Steve Boston	M46	Newmarket HU	19:08.31	74.28%
ClarkeAmes Ames	M35	Black Lungs Toronto	19:12.31	69.08%
Mary Unsworth	W38	Muskoka Algo	19:13.84	77.31%
Richard Bowry	M45	MB Performance	19:18.21	73.65%
Robert Campbell	M56	Black Lungs Toronto	19:18.65	79.40%
Tony Marra	M48	Muskoka Algo	19:26.00	73.16%
Michelle Clarke	W42	Longboat Roa	19:37.91	77.26%
Katherine Ahokas	W33	Muskoka Algo	19:54.09	74.20%
Daniel Walker	M26	Unattached	20:09.15	64.43%
Leanne Shafir	W46	MB Performance	20:22.69	77.13%
Beau Hatcher	M49	UTTC	20:34.72	69.08%
Daniel Quigg	M36	Muskoka Algo	20:41.22	64.13%
Elaine Mota	W50	Newmarket HU	20:46.84	79.48%
John Ellis	M51	Central Toronto AC	20:47.21	70.96%
James Freemantle	M58	Newmarket HU	20:48.56	73.68%
Sarah Wiley	W50	Unattached	21:05.75	78.29%
Chris Robinson	M48	Blue Devils	21:06.24	67.36%
Anthony Farr	M61	UTTC	21:07.40	75.59%
Damian Dupuy	M51	UTTC	21:09.02	69.74%
Walter Faion	M56	UTTC	21:09.63	72.46%
Chris Madsen	M48	UTTC	21:16.75	66.81%
Sharron Dyer	W40	Longboat Roa	21:17.48	71.23%
Pat McLean	M46	Newmarket HU	21:37.52	65.74%
Richard Bailey	M68	Longboat Roa	21:40.57	76.81%
Peter Gordon	M56	UTTC	21:52.04	70.12%
Stephen Word	M36	Longboat Roa	21:57.27	60.43%
Rebecca Francis	W34	Muskoka Algo	22:32.43	65.51%

Walter Matias	M53	Unattached	22:44.07	64.88%
Chris Bennett	M38	Muskoka Algo	22:48.01	58.19%
Nathalie Auger	W50	UTTC	22:59.62	71.83%
Wayne Ferron	M49	Longboat Roa	23:01.85	61.73%
Cheryl Etter	W54	Blue Devils	23:05.69	71.52%
Wayne Chee	M62	UTTC	23:11.10	68.87%
Susan Stone	W56	Longboat Roa	23:17.71	74.98%
Chris Mackie	M76	Unattached	23:26.57	79.98%
Lynn Kobayashi	W60	UTTC	23:34.13	78.63%
Sharon Bennett	W38	Muskoka Algo	23:41.14	62.77%
Anke Graenert	W49	Newmarket HU	23:46.94	66.09%
Louis Byrne	M44	Toronto Olym	24:01.74	57.08%
Darla Coles	W37	Muskoka Algo	24:03.87	61.78%
Hugh Connolly	M70	Longboat Roa	24:12.23	72.16%
Clara Northcott	W61	UTTC	24:13.09	76.53%
Martina Young	W52	Blue Devils AC	24:23.46	67.72%
Diane Marrow	W65	Longboat Roa	24:28.36	80.63%
Mikael Dam	M43	Blue Devils	24:36.58	55.74%
Juliana Tobon	W33	Longboat Roa	24:41.66	59.80%
Chris Near	M39	Muskoka Algo	24:48.08	53.49%
Wilma Ward	W52	Unattached	25:12.95	65.50%
Robert Moore	M75	Toronto Olym	25:53.97	72.40%
Chantelle Bourdages	W36	Newmarket HU	26:20.71	56.43%
Sandra Tam	W45	Longboat Roa	26:27.60	59.40%
Liza Parry	W50	Longboat Roa	26:29.63	62.34%
Tony Teddy	M70	Longboat Roa	26:36.93	65.63%
Marco De Chellis	M51	Unattached	28:25.94	51.88%
Murray Mostyn	M70	Longboat Roa	28:39.68	60.94%
Anne Ferguson	W40	Longboat Roa	29:06.45	52.11%
Duncan Greenshields	M67	UTTC	29:30.10	56.44%
Gary McColeman	M74	UTTC	30:09.17	57.93%
Michael Goodstadt	M76	Ontario Mast	37:54.48	49.46%
John Powell	M72	EtobicokeTC	38:41.08	45.15%