

Female Sprints/Hurdles

W60 Karla Del Grande

- March and August Co-AOTM
- WMAC Daegu: 1st, 60m (8.84; 102.71%); 1st, 200m (29.06; 100.28%); 2nd, 400m (68.26; 95.91%)
- NCCWMA: 1st, 100m (13.93; +1.0 m/s; 100.86%); 1st, 200m (28.71; +1.8 m/s; 102.51%); 1st, 400m (68.38; 96.61%)
- OMA Outdoor: (1st, 100m, 14.39; +0.4 m/s; 97.64%); (1st, 200m, 28.69; +2.1 m/s; 102.58%); (1st, 400m, 68.03; 97.10%)

W60 Wendy Alexis (Honorable Mention)

- July AOTM
- WMAC Daegu: 2nd, 60m (8.85 in Prelims; 100.68%); 2nd, 200m (29.26; 97.68%)
- NCCWMA: 2nd, 100m (14.10; +1.0 m/s; 97.87%); 2nd, 200m (29.22; +1.8 m/s; 98.73%)
- Senior Nationals: 1st, Masters Invitational 100m (13.90; +2.5 m/s; 99.28%)

Male Sprints/Hurdles

M50 Chris Warburton

- NCCWMA: 6th, 100m (11.80; +0.7 m/s; 94.24%); 5th, 200m (23.68; +3.1 m/s; 95.99%)
- OMA Outdoors: 1st, 100m (11.93; -0.9 m/s; 92.62%); 1st, 200m (23.75; +2.1 m/s; 95.03%)

M85 Earl Fee (Honorable Mention)

- August Co-AOTM
- NCCWMA: 1st, 400m (1:24.22; 108.54%)
- World-leading time, and Top 10 All-Time for M85s

Female Distance/Walks

W80 Jean Horne

- October/November Co-AOTM
- WMAC Perth: 1st, 5000RW (40:07.62; 90.71%); 1st, 10000RW (1:20:06.00; 98.46%)

W50 Liz Maguire (Honorable Mention)

- Canadian Cross Country Championships: Highest age-grading (86.35%)
- uOttawa Super Saturday #1: 3rd, 1500 (4:57.08; 93.14%)
- Ottawa Summer Twilight #5: 2nd, 3000m (10:43.19; 91.42%)
- NCCWMA: 1st, 800 (2:30.25; 84.54%); 1st, 1500 (5:05.38; 90.61%)
- Senior Nationals: 1st, Masters Invitational 1500 (5:05.60; 90.54%)

Male Distance/Walks

M50 Paul Osland

- October/November and March Co-AOTM
- WMAC Perth: 1st, 1500 (4:16.34; 93.27%); 2nd, M45 4x400 (3:36.70); 4th, 800 (2:07.05; 93.08%)
- WMAC Daegu: 1st, 800 (2:06.96; 93.93%); 1st, 1500 (4:26.83; 90.36%); 2nd, M45 4x200 (1:40.39)
- NCCWMA: 1st, 800 (2:05.08; 95.34%); 1st, 1500 (4:34.92; 87.70%); 1st M40 4x800 (9:00.68; New Canadian Record)

M50 Geoff Peat (Honorable Mention)

- Canadian Cross Country Championships: Highest age-grading (87.58%)
- Ontario Cross Country Championships: Second highest age grading (83.33%)

Female Throws

W60 Doreen Garner

- May AOTM
- NCCWMA: 1st, SP (10.23m; 80.93%; New Canadian Record)
- OMA Outdoors: 1st, SP (9.93m; 78.56%; New CAN Record) 1st DT (27.93; New CAN record)
- OMA Mini Meet #2: 1st, SP (10.09m; 74.85%; New Canadian Record)
- Throwers Club Meet #1: 1st, DT (25.33m; 52.50%; New Ontario Record)

Male Throws

M65 Bill Pearson

- September AOTM
- NCCWMA: 2nd, SP (11.15m; 70.97%; New Ontario Record); 2nd, DT (36.66m; 61.93%)
- OMA Outdoors: 1st, DT (37.23m; 62.89%; New Ontario Record); 1st, SP (11.01m; 70.08%)
- OMA Mini Meet #3: 1st, SP (11.54m; 71.19%)
- Managed the Throws for the OMA for the last 8 years
- President of the Throwers Club for the past 14 years

Female Jumps

W60 Sue Hannon

- CMA Indoors: 1st, HJ (1.30m; 89.04%; New Canadian Record)
- CMA Outdoors: 1st, HJ (1.25m; 86.81%)

Male Jumps

M40 Zoltan Sara

- August Co-AOTM
- NCCWMA: 1st, HJ (1.92m; 87.67%; New Canadian Record)
- OMA Indoors: 1st, HJ (1.86m; 84.93%; New Canadian Record)

Female Combined Events

- No nominees this year

Male Combined Events

M65 Peter Zowkewych

- January AOTM; Honorable Mention in June
- CMA Indoors: 1st, Pent. (2,957 pts.; highest age-graded score of all Ontario athletes); Meet Record for HJ (1.45m)
- USATF Hep. Indoors: 1st (4,235pts. – New Canadian Record; HJ was 1.45m – New Ontario Record; 87.35%)
- USATF National Dec.: 2nd (5,217 pts. – New Ontario Record; HJ was 1.45m – New Ontario Record; 87.35%)