

High Jump Clinic in Mississauga

Where: John Fraser SS, Gym C (gym floor)
2665 Erin Centre Boulevard, Mississauga

Who: High jumpers – grade 5 to Masters

Price: \$5 per practice, (MTA, Ontario Masters, and AO members) payable at the beginning of Jan/Feb/March

When: Tuesdays and Thursdays:
7pm – grades 3 – 8, 8pm – grades 9-12

Dates include:

January: 17,19,24,26,31

February: 2,7,9,14,16,21,23,28

March: 2,7,9, ... more dates available



Coaching: Coaches Gary Lubin, Jeff Miller, and Julianne Birch. Club coaches welcome to join and work with their athletes.

Gary Lubin is a level 3-4 coach in sprints and in the high jump. Gary has coached world class athletes who have represented Canada, including Mark Boswell of Brampton. Mark was the gold medalist at the 1996 world Junior Track and Field Championships, jumping 2.24m. He later competed at the world championships under Gary's guidance. Gary's real passion is coaching coaches; especially teachers. It is Gary's hope that he will have an opportunity to work with coaches this season through the course of these high jump clinics.

Julianne Birch is a level 2 jumps coach and a teacher with the Peel District School Board. She competed at the OFSAA and Canadian University championships as a high jumper and pole-vaulter.

Registration: We have a maximum of 20 spots, so please contact us as soon as possible to guarantee your place. Cut and paste the following form and email to; jeffreyhughmiller@gmail.com.

High jump registration form;
Please provide;

Athlete name:

Athlete age:

Athlete gender:

Athlete's 2017 club name:

Name(s) of parent/guardian(s):

Street Address:

City:

Postal code:

Home phone #:

Cell phone # (indicate parent or athlete):

Email address where we can contact you about any changes to practice:

Other emergency contact and phone number: