

Place	Name	Team	Age	Age Group	Place	Total Time	Age Grade	Province
1	Jeremiah Ziak	UNATTACHED BRITISH COLUMBIA	40	1/19 M	40-44	25:47.2	0.8581	BC
2	Graham Cocksedge	UNATTACHED BRITISH COLUMBIA	43	2/19 M	40-44	26:06.4	0.8672	BC
3	Predrag Mladenovic	Unattached Ontario	44	3/19 M	40-44	26:53.9	0.8482	ON
4	Brian Torrance	LAKEHEAD RUNNING	40	4/19 M	40-44	27:06.2	0.8164	AB
5	Derek Hackshaw	NEWMARKET HUSKIES TRACK CLUB	47	1/29 M	45-49	27:26.4	0.8513	ON
6	Craig Odermatt	PRAIRIE INN HARRIERS RACING TEAM	46	2/29 M	45-49	27:35.5	0.8400	BC
7	Dave Tepper	NEWMARKET HUSKIES TRACK CLUB	41	5/19 M	40-44	27:44.3	0.8037	ON
8	Claude Gilbert	C. A. Université Laval	46	3/29 M	45-49	27:52.6	0.8314	QC
9	Jim Seeds	LAUREL CREEK TRACK & FIELD CLUB	47	4/29 M	45-49	27:57.8	0.8354	ON
10	Geoff Peat	NEWMARKET HUSKIES TRACK CLUB	53	1/24 M	50-54	28:00.7	0.8758	ON
11	Kevin Beatty	ONTARIO MASTERS ATHLETICS	40	6/19 M	40-44	28:08.6	0.7862	
12	Pascal Renard	TRACK NORTH ATHLETIC CLUB	41	7/19 M	40-44	28:13.1	0.7901	ON
13	Troy Cox	Muskoka Algonquin Runners	49	5/29 M	45-49	28:21.3	0.8372	ON
14	Chris Napier	UNATTACHED BRITISH COLUMBIA	38	1/14 M	35-39	28:28.3	0.7661	BC
15	Jamie Labrosse	LAUREL CREEK TRACK & FIELD CLUB	44	8/19 M	40-44	28:34.3	0.7985	ON
16	Samuel Tousignant	Kalenjins	37	2/14 M	35-39	28:35.5	0.7584	QC
17	Tyler Ginther	COASTAL TRACK CLUB	50	2/24 M	50-54	28:38.3	0.8357	BC
18	Alistair Munro	MB Performance	50	3/24 M	50-54	28:40.5	0.8346	ON
19	Matthew Norminton	RUNNING ROOM ATHLETIC CLUB ALBERTA	39	3/14 M	35-39	28:43.6	0.7645	AB
20	Jeramie Carbonaro	Muskoka Algonquin Runners	42	9/19 M	40-44	28:43.8	0.7820	ON
21	Andrew Lockwood	Unattached Ontario	36	4/14 M	35-39	28:59.1	0.7441	ON
22	Richard Charette	OTTAWA LIONS T.F.C.	49	6/29 M	45-49	28:59.9	0.8186	ON
23	Daniel Fiorini	NEWMARKET HUSKIES TRACK CLUB	54	4/24 M	50-54	29:00.2	0.8530	ON
24	Nick Cosman	ONTARIO MASTERS ATHLETICS	35	5/14 M	35-39	29:01.7	0.7396	ON
25	Robin Richard-Campeau	Kalenjins	37	6/14 M	35-39	29:01.7	0.7470	QC
26	Michael Bianchi	Unattached Ontario	37	7/14 M	35-39	29:04.3	0.7459	ON
27	Michael Tickner	LAUREL CREEK TRACK & FIELD CLUB	43	10/19 M	40-44	29:04.3	0.7787	ON
28	Ross Bain	Unattached Ontario	36	8/14 M	35-39	29:07.9	0.7404	ON
29	Andrew Jones	LONDON PACERS	50	5/24 M	50-54	29:08.6	0.8212	ON
30	Matthew Stanley	Unattached Ontario	41	11/19 M	40-44	29:12.5	0.7633	ON
31	John Lofranco	McGill Olympic Club	39	9/14 M	35-39	29:16.9	0.7500	QC
32	Chris Deighan	NEWMARKET HUSKIES TRACK CLUB	56	1/12 M	55-59	29:19.3	0.8582	ON
33	Tim Gillespie	Iron Stride	39	10/14 M	35-39	29:32.8	0.7433	ON
34	Mark Sinnige	Muskoka Algonquin Runners	47	7/29 M	45-49	29:33.5	0.7903	ON
35	David Moore	Unattached Ontario	48	8/29 M	45-49	29:34.4	0.7962	ON
36	Travis Cummings	St. Timonhy's Thunder Jr/Sr High School	31	1/4 M	30-34	29:45.0	0.7136	

37	Sofiane Tayane	A.T.P athlétisme	37	11/14 M 35-39	29:47.5	0.7278	QC
38	Kip Sigsworth	LAKEHEAD RUNNING	42	12/19 M 40-44	29:52.9	0.7518	ON
39	Kevin Shields	OTTAWA LIONS T.F.C.	50	6/24 M 50-54	29:53.1	0.8008	ON
40	John Grabher	UNATTACHED BRITISH COLUMBIA	49	9/29 M 45-49	29:55.7	0.7932	BC
41	Savvas Frantzeskos	Iron Stride	42	13/19 M 40-44	30:05.4	0.7466	ON
42	Marc Molgat	Cirrus de l'Outaouais	49	10/29 M 45-49	30:05.7	0.7888	QC
43	Jeremy Walsh	LONDON RUNNER DISTANCE CLUB	41	14/19 M 40-44	30:07.8	0.7399	ON
44	Dave McMahon	Cirrus de l'Outaouais	52	7/24 M 50-54	30:08.9	0.8069	QC
45	John Blankenship	RUNNING ROOM ATHLETIC CLUB ALBERTA	50	8/24 M 50-54	30:10.7	0.7930	AB
46	Simon Rayner	UNIVERSITY OF TORONTO T.C	52	9/24 M 50-54	30:12.6	0.8053	ON
47	Jean-Luc Mejane	McGill Olympic Club	45	11/29 M 45-49	30:17.0	0.7592	QC
48	Sheldon Cooper	Unattached Ontario	35	12/14 M 35-39	30:18.3	0.7085	ON
49	Vince Friel	NEWMARKET HUSKIES TRACK CLUB	53	10/24 M 50-54	30:18.7	0.8094	ON
50	Jonathan MacGavock	LAKEHEAD RUNNING	41	15/19 M 40-44	30:20.8	0.7346	ON
51	Jeffery Lapierre	PHYSI-KULT KINGSTON	44	16/19 M 40-44	30:20.8	0.7518	ON
52	Michael Sherar	UNIVERSITY OF TORONTO T.C	53	11/24 M 50-54	30:23.4	0.8073	ON
53	Benjamin Burr	LONDON RUNNER DISTANCE CLUB	32	2/4 M 30-34	30:24.3	0.6995	ON
54	Joel Clarke-Ames	Unattached Ontario	35	13/14 M 35-39	30:30.0	0.7039	ON
55	Daniel Bach	Unattached Ontario	31	3/4 M 30-34	30:34.6	0.6943	ON
56	Kevin Kornelsen	Indépendant	54	12/24 M 50-54	30:35.3	0.8088	QC
57	Steve Boston	NEWMARKET HUSKIES TRACK CLUB	46	12/29 M 45-49	30:35.8	0.7575	ON
58	Corey Turnbull	ONTARIO MASTERS ATHLETICS	45	13/29 M 45-49	30:42.8	0.7486	ON
59	Genevieve Shurtleff	Kalenjins	39	1/7 F 35-39	30:54.8	0.7955	QC
60	Michael Blois	K2J Fitness	45	14/29 M 45-49	30:58.4	0.7423	ON
61	Steven Blostein	PHYSI-KULT KINGSTON	55	2/12 M 55-59	31:00.1	0.8048	ON
62	Paul Felix	Unattached Ontario	41	17/19 M 40-44	31:02.9	0.7180	ON
63	Jim Fullarton	K2J Fitness	51	13/24 M 50-54	31:03.2	0.7770	ON
64	Nicki Haugan	UNATTACHED BRITISH COLUMBIA	39	2/7 F 35-39	31:03.5	0.7918	BC
65	Dave Kary	OTTAWA LIONS T.F.C.	57	3/12 M 55-59	31:06.8	0.8158	ON
66	Jean-Francois Fillion	Cirrus de l'Outaouais	56	4/12 M 55-59	31:10.9	0.8071	QC
67	Hassan Zaghy	A.T.P athlétisme	47	15/29 M 45-49	31:16.2	0.7471	QC
68	Liz Maguire	OTTAWA LIONS T.F.C.	50	1/14 F 50-54	31:20.9	0.8635	ON
69	Anthony MacIsaac	UNIVERSITY OF TORONTO T.C	52	14/24 M 50-54	31:23.7	0.7749	ON
70	Seanna Robinson	MB Performance	41	1/5 F 40-44	31:24.9	0.7919	ON
71	Jonathan Cressman	LAUREL CREEK TRACK & FIELD CLUB	45	16/29 M 45-49	31:30.1	0.7299	ON
72	Michael Day	Unattached Ontario	53	15/24 M 50-54	31:31.8	0.7781	ON
73	Donna Mae Robins	ONTARIO MASTERS ATHLETICS	40	2/5 F 40-44	31:34.8	0.7829	ON

74	Malcolm Balk	McGill Olympic Club	62	1/13 M 60-64	31:37.8	0.8387	QC
75	Bill Cunliffe	DURHAM DRAGONS ATHLETICS	57	5/12 M 55-59	31:39.1	0.8019	ON
76	Mary Unsworth	Muskoka Algonquin Runners	38	3/7 F 35-39	31:44.8	0.7708	ON
77	Gerardo Reyes	Longboat Roadrunners	41	18/19 M 40-44	31:46.0	0.7018	ON
78	Trevor Davies	ONTARIO MASTERS ATHLETICS	43	19/19 M 40-44	31:48.8	0.7116	ON
79	Andy Blackwell	MB Performance	51	16/24 M 50-54	31:52.3	0.7570	ON
80	Scott Pegrum	ONTARIO MASTERS ATHLETICS	50	17/24 M 50-54	31:53.2	0.7506	ON
81	Blair Layng	Unattached Ontario	52	18/24 M 50-54	32:00.4	0.7601	ON
82	Tony Marra	Muskoka Algonquin Runners	48	17/29 M 45-49	32:03.9	0.7344	ON
83	Brian Hagemeyer	LONDON RUNNER DISTANCE CLUB	46	18/29 M 45-49	32:04.1	0.7227	ON
84	Michelle Clarke	Longboat Roadrunners	42	3/5 F 40-44	32:05.9	0.7803	ON
85	Elaine Mota	NEWMARKET HUSKIES TRACK CLUB	51	2/14 F 50-54	32:16.2	0.8486	ON
86	Bill Krezonoski	Unattached Ontario	63	2/13 M 60-64	32:19.7	0.8282	ON
87	Mirco Graenert	NEWMARKET HUSKIES TRACK CLUB	47	19/29 M 45-49	32:27.5	0.7197	ON
88	Michael MacDonald	Iron Stride	33	4/4 M 30-34	32:27.7	0.6567	ON
89	Michael Secker	RUNNING ROOM ATHLETIC CLUB ALBERTA	65	1/5 M 65-69	32:28.8	0.8396	AB
90	Bryan Lambert	ONTARIO MASTERS ATHLETICS	45	20/29 M 45-49	32:34.7	0.7058	ON
91	Robert Muir	OTTAWA LIONS T.F.C.	48	21/29 M 45-49	32:39.7	0.7209	ON
92	Carrie Byer	NEWMARKET HUSKIES TRACK CLUB	37	4/7 F 35-39	32:43.9	0.7443	ON
93	John Ellis	Central Toronto Athletic Club	51	19/24 M 50-54	32:48.6	0.7354	ON
94	Jeff Orchard	LONDON PACERS	51	20/24 M 50-54	32:49.6	0.7350	ON
95	Bernard Thebaud	Track East	51	21/24 M 50-54	33:09.8	0.7276	ON
96	Heather Ostic	Unattached Ontario	48	1/5 F 45-49	33:12.7	0.7967	ON
97	Robert Blair	NEWMARKET HUSKIES TRACK CLUB	52	22/24 M 50-54	33:18.0	0.7306	ON
98	Ian Sinclair	TORONTO OLYMPIC CLUB	46	22/29 M 45-49	33:18.3	0.6959	ON
99	James Freemantle	NEWMARKET HUSKIES TRACK CLUB	58	6/12 M 55-59	33:25.5	0.7660	ON
100	Michael Ferguson	OTTAWA LIONS T.F.C.	52	23/24 M 50-54	33:33.7	0.7249	ON
101	Jim Van Buskirk	Unattached Ontario	60	3/13 M 60-64	33:35.8	0.7757	ON
102	Clive Morgan	PHYSI-KULT KINGSTON	57	7/12 M 55-59	33:48.7	0.7507	ON
103	Walter Faion	UNIVERSITY OF TORONTO T.C	56	8/12 M 55-59	34:03.9	0.7388	ON
104	Paul Carter	Unattached Ontario	60	4/13 M 60-64	34:16.6	0.7603	ON
105	Peter Gordon	UNIVERSITY OF TORONTO T.C	56	9/12 M 55-59	34:17.0	0.7340	ON
106	Bob Holmes	RUNNING ROOM ATHLETIC CLUB ALBERTA	62	5/13 M 60-64	34:28.0	0.7697	AB
107	Carrie Scace	MB Performance	47	2/5 F 45-49	34:36.1	0.7564	ON
108	Trevor Kobe	Longboat Roadrunners	55	10/12 M 55-59	34:37.7	0.7205	ON
109	Brent Hutchinson	BRANTFORD T.F.C.	59	11/12 M 55-59	34:45.1	0.7432	ON
110	Leanne Shafir	MB Performance	47	3/5 F 45-49	34:51.1	0.7509	ON

111	Jack Cook	Fast Trax Run & Ski Club	49	23/29 M 45-49	35:10.3	0.6750	AB
112	Christine Loch	Longboat Roadrunners	54	3/14 F 50-54	35:16.5	0.8045	ON
113	Michael Mandel	UNIVERSITY OF TORONTO T.C	47	24/29 M 45-49	35:24.1	0.6599	ON
114	Jon Anderson	Unattached Ontario	49	25/29 M 45-49	35:29.5	0.6689	ON
115	Debbie Bell	Unattached Ontario	50	4/14 F 50-54	35:30.5	0.7624	ON
116	Ted Paget	NEWMARKET HUSKIES TRACK CLUB	65	2/5 M 65-69	35:33.7	0.7668	ON
117	Don White	ATHLETICS YUKON	66	3/5 M 65-69	35:39.6	0.7719	YT
118	Wendy J Turner	Unattached Ontario	49	4/5 F 45-49	35:44.7	0.7486	ON
119	Cora Yin	Unattached Ontario	41	4/5 F 40-44	35:48.7	0.6947	ON
120	Joanne Armstrong	Unattached Ontario	51	5/14 F 50-54	36:11.7	0.7566	ON
121	Jim Rawling	Longboat Roadrunners	61	6/13 M 60-64	36:13.5	0.7258	ON
122	Boyd Whyte	Unattached Ontario	61	7/13 M 60-64	36:13.9	0.7257	ON
123	Dermot Holwell	ONTARIO MASTERS ATHLETICS	62	8/13 M 60-64	36:15.3	0.7317	ON
124	Jean Ferguson	OTTAWA LIONS T.F.C.	52	6/14 F 50-54	36:17.5	0.7635	ON
125	Gord Nelson	ONTARIO MASTERS ATHLETICS	60	9/13 M 60-64	36:20.7	0.7170	ON
126	Robert Campbell	LONDON PACERS	57	12/12 M 55-59	36:24.1	0.6973	ON
127	Elaine Marchese	Nomads	52	7/14 F 50-54	36:25.3	0.7608	BC
128	Jill Delane	VANCOUVER FALCONS ATHLETIC CLUB	51	8/14 F 50-54	36:39.3	0.7471	BC
129	Brian Lovshin	TORONTO OLYMPIC CLUB	47	26/29 M 45-49	36:46.4	0.6353	ON
130	Greg King	Unattached Ontario	35	14/14 M 35-39	36:52.7	0.5822	ON
131	Jessica Sheppard	Muskoka Algonquin Runners	33	1/1 F 30-34	36:53.4	0.6530	ON
132	Annie Riel	ONTARIO MASTERS ATHLETICS	42	5/5 F 40-44	36:57.4	0.6778	ON
133	Andrew Wilkes	ONTARIO MASTERS ATHLETICS	63	10/13 M 60-64	37:05.1	0.7220	ON
134	Lise Meloche	Cirrus de l'Outaouais	56	1/3 F 55-59	37:05.2	0.7843	QC
135	Alana Bonner	Club de coureurs Boréal	36	5/7 F 35-39	37:08.6	0.6536	QC
136	Judy Andrew Piel	K2J Fitness	54	9/14 F 50-54	37:10.0	0.7636	ON
137	Rita Botelho	UNIVERSITY OF TORONTO T.C	56	2/3 F 55-59	37:25.1	0.7773	ON
138	Wayne Ferron	Longboat Roadrunners	49	27/29 M 45-49	37:33.4	0.6321	ON
139	Chris Madsen	UNIVERSITY OF TORONTO T.C	48	28/29 M 45-49	37:34.5	0.6267	ON
140	Darla Coles	Muskoka Algonquin Runners	37	6/7 F 35-39	37:39.4	0.6470	ON
141	Sharon Bennett	Muskoka Algonquin Runners	38	7/7 F 35-39	37:45.6	0.6481	ON
142	Lynn Kobayashi	UNIVERSITY OF TORONTO T.C	61	1/5 F 60-64	37:51.9	0.8189	ON
143	Keith Rodrigues	Unattached Ontario	63	11/13 M 60-64	38:28.1	0.6960	ON
144	Anke Graenert	NEWMARKET HUSKIES TRACK CLUB	49	5/5 F 45-49	38:39.3	0.6923	ON
145	Nathalie Gauthier	K2J Fitness	51	10/14 F 50-54	38:40.5	0.7081	ON
146	Zarah Dehnashi	Unattached Ontario	50	11/14 F 50-54	39:14.2	0.6899	ON
147	Jon Kryss	LAUREL CREEK TRACK & FIELD CLUB	45	29/29 M 45-49	39:14.8	0.5859	ON

148	Diane Pomerleau	Kalenjins	52	12/14 F 50-54	39:20.3	0.7044	QC
149	Christine Ross	ONTARIO MASTERS ATHLETICS	52	13/14 F 50-54	39:26.9	0.7024	ON
150	Hugh Connolly	Longboat Roadrunners	71	1/7 M 70-74	39:32.9	0.7329	ON
151	Clara Northcott	UNIVERSITY OF TORONTO T.C	62	2/5 F 60-64	39:34.6	0.7939	ON
152	Corinne Krezonoski	Unattached Ontario	62	3/5 F 60-64	40:19.6	0.7791	ON
153	Glen Norcliffe	TORONTO OLYMPIC CLUB	73	2/7 M 70-74	40:20.0	0.7383	ON
154	James Whipp	Unattached Ontario	64	12/13 M 60-64	40:25.1	0.6685	ON
155	Tony Teddy	Longboat Roadrunners	70	3/7 M 70-74	40:48.8	0.7018	ON
156	Keijo Taivassalo	UNIVERSITY OF TORONTO T.C	77	1/4 M 75-79	41:02.0	0.7765	ON
157	Vern Christensen	UNIVERSITY OF TORONTO T.C	75	2/4 M 75-79	41:52.5	0.7338	ON
158	Tim Payne	NEWMARKET HUSKIES TRACK CLUB	66	4/5 M 65-69	41:57.2	0.6561	ON
159	Robert Fraser	LONDON PACERS	62	13/13 M 60-64	42:11.6	0.6288	ON
160	Robert Moore	TORONTO OLYMPIC CLUB	76	3/4 M 75-79	42:28.9	0.7361	ON
161	Liza Parry	Longboat Roadrunners	50	14/14 F 50-54	42:44.5	0.6333	
162	Bert De Vries	Longboat Roadrunners	70	4/7 M 70-74	42:49.2	0.6690	ON
163	Maureen Dow	LONDON PACERS	56	3/3 F 55-59	43:00.5	0.6763	ON
164	Wendy Fraser	LONDON PACERS	62	4/5 F 60-64	43:01.7	0.7302	ON
165	Chuck Edwards	LONDON PACERS	71	5/7 M 70-74	43:20.7	0.6687	ON
166	Kevin Garlick	LONDON PACERS	54	24/24 M 50-54	43:49.5	0.5645	ON
167	Eric Magni	LONDON PACERS	70	6/7 M 70-74	44:31.0	0.6434	ON
168	Gaétan Breton	Sherbrooke	68	5/5 M 65-69	44:34.4	0.6294	QC
169	Claire Prest	Longboat Roadrunners	72	1/1 F 70-74	46:48.7	0.7751	ON
170	P. J. Marshall	ONTARIO MASTERS ATHLETICS	74	7/7 M 70-74	51:09.7	0.5909	ON
171	Nancy Konyu	NEWMARKET HUSKIES TRACK CLUB	61	5/5 F 60-64	51:57.9	0.5967	ON
172	Bob Wild	Unattached Ontario	84	1/1 M 80-84	1:00:40.1	0.6256	ON
173	Michael Goodstadt	Unattached Ontario	76	4/4 M 75-79	1:01:13.8	0.5107	ON